



STÁUTW FIRST NATION

NEWSLETTER

www.stautw.ca

November 2026

SAVE THE DATE
QUARTER 3

Community Engagement

Come win some amazing prizes & pick up a dinner kit.

NOVEMBER 26

3:00–6:30 p.m.
In the gym

Information available:

- Program & service updates
- 2025–2026 Audit
- 2027 Strategic Plan
- And much more!

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HEALTH & REC GRANT CHEQUES

Please note that Health & Rec grant day is:
November 27, 2026 from 9:00 am - 4:00 pm.

Community News & Events



The poster features a scenic background of a lake at sunset with mountains in the distance. At the top left is the St'átw First Nation logo, a circular emblem with a fish and a tree. The text is arranged in a clear, hierarchical manner, with the event title in large, bold letters and the date and time in a separate box. A list of topics to be discussed is provided, and a call to action is at the bottom.

 ST'ÁUTW FIRST NATION

SAVE THE DATE
QUARTER 3

Community Engagement

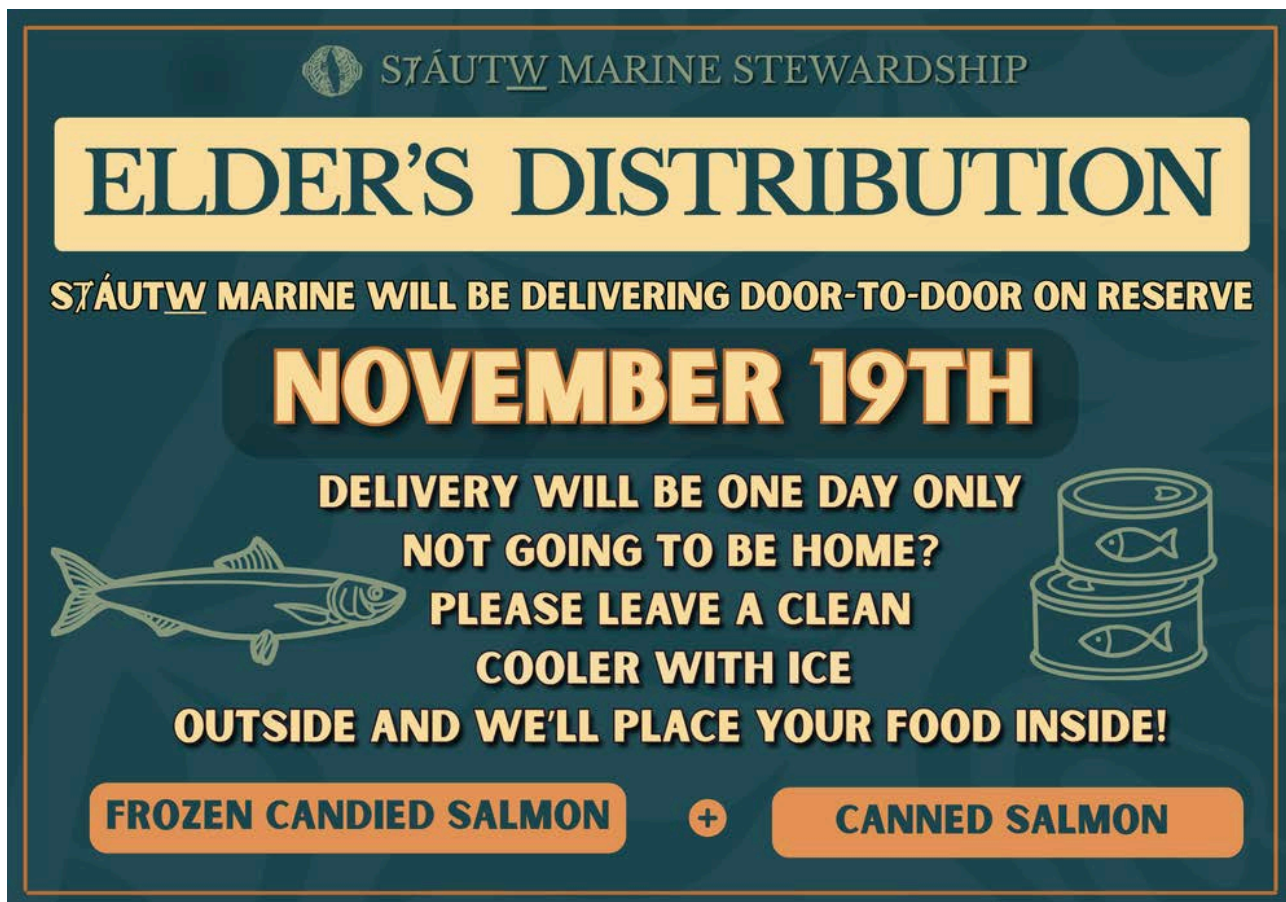
NOVEMBER 26
3:00–6:30 p.m.
In the gym

Information available:

- Program & service updates
- 2025–2026 Audit
- 2027 Strategic Plan
- And much more!

Come win some amazing prizes & pick up a dinner kit.

Join us for our Q3 Community Engagement event to learn about important updates, programs, services, and future plans for the community. This is an opportunity to stay informed, ask questions, and connect with staff.



The poster has a dark teal background with a subtle pattern of fish and salmon. The text is in a mix of white and orange, with the date 'NOVEMBER 19TH' being the most prominent. There are illustrations of a salmon and two cans of salmon. The information is presented in a straightforward, easy-to-read format.

 ST'ÁUTW MARINE STEWARDSHIP

ELDER'S DISTRIBUTION

ST'ÁUTW MARINE WILL BE DELIVERING DOOR-TO-DOOR ON RESERVE

NOVEMBER 19TH

DELIVERY WILL BE ONE DAY ONLY
NOT GOING TO BE HOME?
PLEASE LEAVE A CLEAN
COOLER WITH ICE

OUTSIDE AND WE'LL PLACE YOUR FOOD INSIDE!

FROZEN CANDIED SALMON + **CANNED SALMON**

STÁUTW Marine Stewardship Invites You

QEN,T IPCA



Community Dinner

**Learn and share about QEN,T
Indigenous Protected and
Conserved Area**

**Seafood Feast!
Chance to win a
YETI cooler and
other fun prizes!**

**Thursday November 19th
5pm-8pm**

STÁUTW Band Office Gymnasium

**Determine the visions
and teachings to
guide this work**

**All STÁUTW Community
Members Welcome!**

Questions?

email marinestewardship@stautw.ca
or call 250-652-9101 EXT 324

Our STÁUTW Elders Welcome you

To our "Traditional" themed Island luncheon

Date: November 18th 2026

Place: 7728 Tetayut Rd

Time: 10:00am

Lunch: 12:00

Vendors & 50/50



Wear your best native outfit



NOVEMBER 7, 2026

FISH AS FORMERLY

**NEXT STEPS TO HONOUR AND
IMPLEMENT THE DOUGLAS TREATIES**

**WORKSHOP
8:30AM-4:30PM**

**SEAFOOD FEAST
6PM UNTIL DONE**

**TSAWOUT GYMNASIUM
7728 TETAYUT RD
SAANICHTON**

One-day forum featuring leading lawyers and academics, with presentations and discussion on key questions.

1. What legal options are available to uphold and implement the Douglas Treaties, including the right to "Fish as Formerly"?
2. Is the existing evidence sufficient to support legal action? What gaps remain, and how can they be addressed?
3. How can other First Nations support and strengthen this work?

This day is about being transparent and accountable to the People with information. The day will end with an opportunity for the People to express which paths forward they prefer.

Workshop sponsored by Native Fishing Association, in coordination with a team of Douglas Treaty descendants.

Unfortunately, due to the expected large number of attendees, travel expense reimbursement will not be provided. Lunch, dinner, snacks and beverages provided free of charge.

FISH AS FORMERLY

**NEXT STEPS TO HONOUR AND IMPLEMENT
THE DOUGLAS TREATIES**



FACILITATOR MARCEL SHEPERT

An experienced mediator, negotiator, and facilitator, Marcel Shepert from the Wet'suwet'en Nation has spent decades supporting Indigenous organizations in strategic planning, governance, public engagement, and natural resource management, with a particular focus on fisheries and land use. He is the Independent Chair of the Fraser Salmon Management Board and the first Indigenous Co-Chair of the Fraser Panel, bringing extensive expertise in collaborative decision-making.

STAY TUNED FOR MORE UPDATES

Workshop sponsored by Native Fishing Association, in coordination with a team of Douglas Treaty descendants.

Unfortunately, due to the expected large number of attendees, travel expense reimbursement will not be provided. Lunch, dinner, snacks and beverages provided free of charge.

On November 7th from 8:30 am - 4:30 pm, all Douglas Treaty members, Elders, knowledge keepers, historians, legal minds, fishermen and community members are invited to come join for a workshop to discuss implementation of Douglas Treaty rights, including to 'Fish as Formerly', and share in a seafood feast! Learn more on the next page.

Community News & Events

Maintenance & Work Order Request Reminder

SUBMIT ONLINE OR PHONE

Please remember - All maintenance and work order requests for homes must be submitted online by phone only.

Charges or payments to outside contractors will NOT be approved, as we have a set of preferred vendors with negotiated rates.

Click or scan the QR code for online requests, or call:

Monique: 672-922-6519

Valbert: 250-652-9101



STÁUTW FIRST NATION



HEALTH DEPARTMENT
PRESENTS

QELOMQEM ZENOTEL

— stronger together —

CROSSFIT PROGRAM BEGINS
TUESDAY, SEPTEMBER 15, 2026



DON'T FORGET!

Wear comfy clothes
and bring water.



*All fitness levels welcome — no experience
necessary.*

TUESDAYS & THURSDAYS

WEEKLY SESSIONS

⌚ 6:30 - 7:30 AM

ALL COMMUNITY

⌚ 11:00 AM - 12:00 PM

ELDERS

⌚ 5:30 PM - 6:30 PM

ALL COMMUNITY

⌚ 6:30 PM - 7:30 PM

YOUTH



WHERE
**STÁUTW First
Nation**



WHO
**STÁUTW Community
Members**

QUESTIONS OR TO SIGN UP
Dolly-Jean Bill

dbill@stautw.ca
250-652-1149

PRESENTED BY
STÁUTW Health Department

HONOR OUR STRENGTH DIABETIC CIRCLE

Every Monday from 10:30 to 11:30 in
The Multi Purpose Room



Amanda Henry, Island Health Dietitian

- November 2nd



Laurie Favel, Community Health

- November 9th



TBD (To be determined)

- November 16th



Alyssa Greenway, Community Health Nurse

- November 23rd



Jen Cody, FNHA Dietitian

- November 30th



Honouring Our Strength **DIABETIC CIRCLE**

Every Monday • 10:30–11:30 AM

Excluding statutory holidays

Multipurpose Room



Connect, share stories
& support one another.



Enjoy a light meal
together.



Come as you are.



Iris Alarcon • 250-652-1149 ext. 390



ialarcon@stautw.com

CHAIR YOGA

with Andrea

Every Thursday

1:00–2:00 PM

In the Auditorium



Gentle movement • Guided meditation • Breathing exercises

Snacks & refreshments afterwards



Iris Alarcon • 250-652-1149



ialarcon@stautw.com

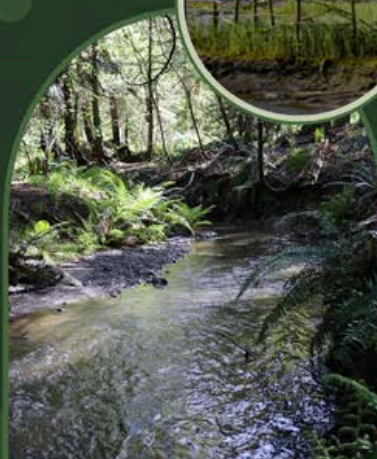
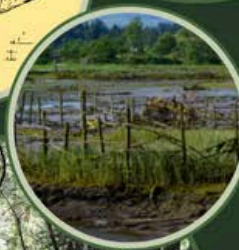
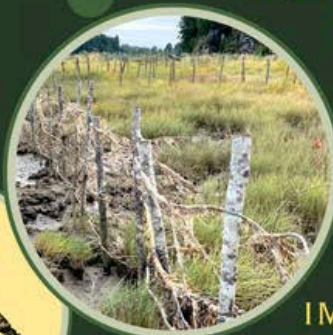
TETAYUT ESTUARY STEWARDSHIP

STÁUTW MARINE STEWARDSHIP WILL BE WORKING TO INSTALL A SMALL AREA WITH ECO-CULTURAL FENCING ENCLOSURES IN THE TETAYUT ESTUARY.

CANADIAN GEESE HAVE BECOME LOCALLY OVERABUNDANT ON VANCOUVER ISLAND, WITH A LARGE CONCENTRATION ON THE SAANICH PENINSULA.

QUESTIONS?

Contact Marine Stewardship
MarineStewardship@stautw.ca
250-652-9101 EXT 324



THEIR PRESENCE IN ESTUARIES SUCH AS TETAYUT CREEK ESTUARY, AND CONSUMPTION OF KEY ESTUARINE PLANT SPECIES HAS LED TO DEGRADED HABITAT AND EROSION IN IMPORTANT FISH HABITAT. ECO-CULTURAL FENCING IS A TECHNOLOGY THAT PROVIDES IMMEDIATE PROTECTION TO SENSITIVE ESTUARINE HABITATS. THESE FENCES ARE INSPIRED BY TRADITIONAL INDIGENOUS FISH WEIRS, INSTALLED BY HAND, AND ARE MADE OF NATURAL MATERIALS SUCH AS ALDER AND WILLOWS. THIS PROTECTION ALLOWS THE ESTUARINE PLANT POPULATION TO RE-ESTABLISH, BY KEEP GEESE OUT.

Welcome New Staff



Medical Transportation Driver, Jonathan Bill

Hello my name is Jonathan Bill. I am a STÁUTW member and a new team member to STÁUTW Health Department. My roll here in the department is the Medical Transportation Driver and I am extremely grateful for the opportunity to be helping people within our community.

Community News & Events

WSÁNEĆ Clinic Location Change

Effective October 1, 2026, the shared care WSÁNEĆ Clinic will no longer be hosted in STÁUTW.

This change reflects the ongoing request and advocacy for health resources to be returned to our neighboring WSÁNEĆ communities of Pauquachin, Tsartlip, and Tseycum.



STÁUTW and Island Health are honoring this direction and supporting the return of services closer to those communities.

We recognize the importance of accessible, community-based health services throughout WSÁNEĆ territory. STÁUTW has temporarily hosted the WSÁNEĆ Clinic for the past three years, and we appreciate the collaboration of Island Health and our neighboring communities throughout this time.

What does this mean for STÁUTW members and their care?

- STÁUTW members and community members will continue to access Nurse Practitioner and nursing appointments through the STÁUTW Health Department.
- We kindly ask for patience and understanding while STÁUTW awaits confirmation from Island Health regarding the allocation of resources, including the days our Nurse Practitioner and nurses will be assigned to work in STÁUTW.
- Once a schedule is received from Island Health, it will be shared with the community as soon as possible.
- STÁUTW-employed Medical Office Assistants will remain at STÁUTW and will continue to support STÁUTW patient information and upcoming appointment schedules.
- Some office moves and space adjustments may take place so STÁUTW staff can better serve members and collaborate on care. Minor delays may occur during this transition.

STÁUTW remains committed to supporting members' access to health care and to working respectfully with Island Health and our neighboring WSÁNEĆ communities during this transition. We will continue to provide updates as information becomes available and thank members for their patience, understanding, and continued support.

Anyone with questions can email memberservices@statuw.ca and their questions will be redirected accordingly to Health Staff, Island Health or Governance.



SXÁUTW FIRST NATION

7728 TETAYUT RD | SAANICHTON, BC | V8M 2E4

NOTICE TO COMMUNITY

RE: Transition to Electronic Funds Transfer (EFT)

Date: October 13, 2026

From: Chief and Council and SXÁUTW Finance

Chief and Council advise community members that all payments issued directly by SXÁUTW First Nation to community members will transition to Electronic Funds Transfer (EFT/direct deposit).

This change applies to all eligible payments made directly to community members, including:

- Income Assistance payments;
- Program benefits and financial supports;
- Reimbursements;
- Honoraria; and
- Other eligible payments issued by the Nation.

What This Means

Community members who receive payments from SXÁUTW First Nation will be required to provide current banking information so approved payments can be deposited directly into their bank account.

The transition to EFT will help the Nation:

- Provide payments more securely and efficiently;
- Reduce delays associated with preparing, distributing, replacing, or cashing cheques;
- Reduce the risk of lost or stolen cheques;
- Improve financial administration and payment tracking; and
- Ensure community members receive approved payments as quickly as possible.

Income Assistance Clients

Income Assistance payments will also be issued through EFT/direct deposit.

We recognize that some community members may not currently have a bank account or may require assistance completing the transition. Members who need support are encouraged to contact the Income Assistance Program or Administration as soon as possible. Staff will identify the required information and provide reasonable assistance with the transition.

Banking Information

Community members receiving payments from the Nation should ensure their banking information is current. A void cheque or official direct deposit form from a financial institution may be required to establish EFT.

For your protection, banking information must only be provided through the secure process identified by SXÁUTW First Nation Administration. Please do not send banking information through social media, text message, or other unsecured methods.

Finance

Effective Date

Effective: December 1, 2026

After the effective date, payments to community members will be processed through EFT/direct deposit, subject to any exceptional circumstances approved by Administration in accordance with Nation policy.

Questions and Assistance

For assistance with EFT requirements or updating your banking information, please contact the Income Assistance Program, Administration, or the STÁUTW First Nation Finance Department at financeassist@stautw.ca.

Chief and Council appreciate everyone's cooperation as the Nation moves toward a more secure, timely, and efficient payment process.

HÍSWKE

On behalf of,

STÁUTW First Nation Chief and Council

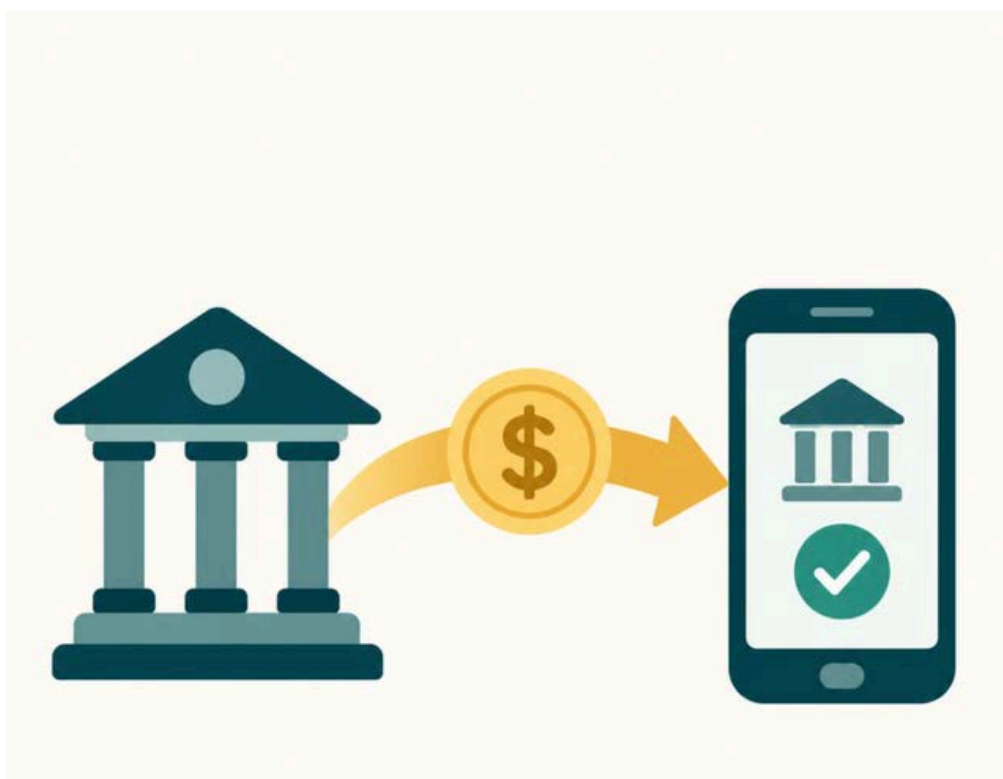


Chief Abraham Pelkey

On behalf of STÁUTW Finance Department



Greg Diemer – Chief Financial Officer



After School Program Calendar - November

November 2026						
After-School Program Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Occupational Therapy (OT)	3 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Primary 4:00-4:30pm	4 Music and Art Therapy	5 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Intermediate 4:00-4:30pm	6 PISE Physical Literacy 3:45-4:45pm	7
8	9 Occupational Therapy (OT) Science Venture 3:45-4:45pm	10 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Primary 4:00-4:30pm	11 STAT Closure Remembrance Day	12 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Intermediate 4:00-4:30pm	13 PISE Physical Literacy 3:45-4:45pm	14
15	16 Occupational Therapy (OT)	17 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Primary 4:00-4:30pm	18 Music and Art Therapy	19 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Intermediate 4:00-4:30pm	20 PISE Physical Literacy 3:45-4:45pm	21
22	23 Occupational Therapy (OT)	24 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Primary 4:00-4:30pm	25 Music and Art Therapy	26 Speech-Language Pathology (SLP) SENĆOTEN Language Lesson - Intermediate 4:00-4:30pm	27 Pro-D Day Programming: 9:00am - 3:00pm	28
29	30 Occupational Therapy (OT) Science Venture 3:45-4:45pm					

Elders Calendar - November

STAUTW ELDERS NOVEMBER CALENDAR

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Honor our strength 9-11(Diabetes)- multipurpose room	3 Elders crossfit 11-12 in the gym	4 Bannock&tea 9-11 Elders room	5 Elders crossfit 11-12 in the gym	6 Max Henrys Memorial Stautw bh	7
8	9 Honor our strength 9-11(Diabetes) in the multipurpose room	10 Elkders crossfit 11-12 in the gym	11 REMEMBERANCE DAY 	12 Elders crossfit 11-12 in the gym	13 Marsha Sampson Memorial Stautw bh	14
15	16 Honor our strength 9-11(Diabetes) multi purpose room	17 Elders cross fit 11-12 in the gym	18 Stautw Elders hosting the Island luncheon	19 Elders crossfit 11-12 in the gym	20	21
22	23 Honor our strength9- 11(Diabetes multipuerpose room	24 Elders cross fit 11-12in the gym	25 Self Care day Stautw Gym 9-3	26 Elders cross fit 11-12 in the gym	Rick(Gumby)Sam Memorial Tsartlip bh	28 Mike Horne&Toni Thomas Memorial Stautw bh
29	30 Honor our strength 9-11 multipurpose room					

SXEDJELI Childcare Centre

First site tour with Chief & Council and Senior Leadership



Chief Abraham Pelkey, Council, senior leadership and the Lubec team on site, Tuesday, October 13, 2026

ÍY SÇÁCEL,

On the afternoon of Tuesday, October 13, Chief and Council and senior leadership took part in the first walk-through of the SXEDJELI (Hummingbird) Childcare Centre construction site, hosted by our builder, Lubec Construction. The visit had two purposes:

- **Keeping the site safe.** Lubec showed the group how the site is kept safe for workers and visitors, and everyone wore a hard hat and high-visibility vest before stepping inside. •

Seeing the space for our future young ones. Chief and Council had the opportunity to walk the building and get a feel for the rooms where our children will learn, play and grow, surrounded by our language and culture.

Progress on site. Construction is moving forward and on track. The foundation, walls and roof are complete, and crews are now working on interior framing, plumbing and mechanical systems. The centre is scheduled to open later in 2027, and we will continue to share updates as the building takes shape.

Location. The centre is located at **2667 Stautw Road**, between the Nation office and the Longhouse (Big House). For everyone's safety, the site is fenced off while construction is underway. We'll keep sharing photos and updates so the community can follow along.

Questions? Please reach out to **Jun Baek, Capital Projects Manager**, at **250-652-9101** or **jbaek@stautw.ca**.

HÍSWKE for your continued support of this project.





STAUTW FIRST NATION

YOUTH PROGRAM HOMEWORK CLUB

Need a little extra help with school?
Come hang out, get your homework done, and
get support from our tutor!

 **EVERY WEDNESDAY**
 **4:00 PM - 6:00 PM**
 **YOUTH LOUNGE**

WHETHER YOU NEED HELP WITH AN ASSIGNMENT,
STUDYING FOR A TEST, OR JUST A QUIET SPACE TO
FOCUS, WE'VE GOT YOU!

COME BY, BRING YOUR HOMEWORK, AND LET'S GET
IT DONE TOGETHER! 

OPEN FOR AGES 12-18

questions? reach out to
epelkey@stautw.ca





STÁUTW FIRST NATION

JSINET TFE STELITKEŁ ŁTE RAISING OUR CHILDREN

Join the STÁUTW Youth Program!

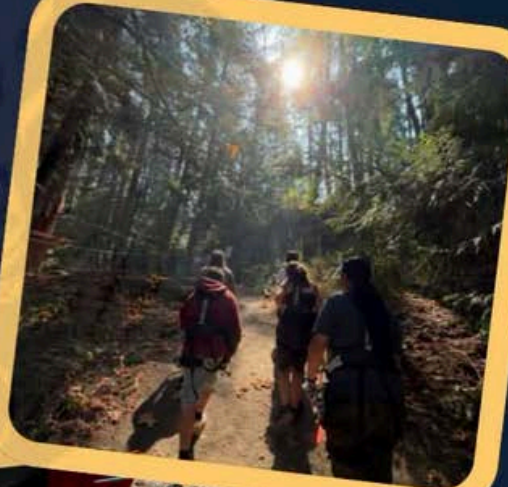
A welcoming space for youth ages 12–18 to connect, learn, grow, and have fun! Our program brings youth together through cultural learning, creative activities, connections with Elders, homework support, fitness, and community involvement. From outings and movie nights to SENĆOŦEN learning and cultural activities, there's always something to look forward to. Come build friendships, explore new interests, strengthen your connection to culture, and be part of our youth community!

WHAT WE OFFER

- After-School Drop-In Program
- CrossFit & Fitness
- Homework Club & Tutoring Support
- SENĆOŦEN Language Learning
- Gym Drop-Ins & Basketball
- RCMP Pizza & Basketball Nights
- Youth Swim Nights
- Movie Nights & Special Events
- Cultural Activities, Creative Projects & Community Outings

And so much more! There are always new opportunities to connect, learn, build friendships, and have fun.

Registered families will receive access to our private Google Classroom for program updates, schedules, and upcoming activities.



for more information reach out:
epelkey@stautw.ca

Learning House



The Tsawout Learning house had a visit from the Victoria Bug zoo outreach team!

2026 FLU & COVID

CLINIC DATES

Please contact STAUTW Health MOAs for booking at (250) 652 - 1149

Date	Location
Thursday October 22 nd (10-4)	STAUTW Multipurpose Room
Friday October 23 rd (9:30-4)	Laurie & Alyssa's offices
Tuesday October 27 th (9:30-4)	Alyssa's office
Friday October 30 th (9:30-4)	Laurie & Alyssa's offices
Tuesday November 3 rd (9:30-4)	Alyssa's office
Friday November 6 th (9:30-4)	Laurie & Alyssa's offices
Tuesday November 10 th (9:30-4)	Alyssa's office
Friday November 13 th (9:30-4)	Laurie & Alyssa's offices
Tuesday November 17 th (9:30-4)	Alyssa's office
Friday November 20 th (9:30-4)	Laurie & Alyssa's offices
Tuesday November 24 th (9:30-4)	Alyssa's office
Friday November 27 th (9:30-4)	Laurie & Alyssa's offices
Tuesday December 1 st (9:30-4)	Alyssa's office
Friday December 4 th (9:30-4)	Laurie & Alyssa's offices
Tuesday December 8 th (9:30-4)	Alyssa's office
Friday December 11 th (9:30-4)	Laurie & Alyssa's offices
Tuesday December 15 th (9:30-4)	Alyssa's office
Friday December 18 th (9:30-4)	Laurie & Alyssa's offices

STÁUTW SENĆOTEN Class Schedule

SĆELČŁNÁT MONDAY

LANGUAGE LUNCH
HOUR
12PM - 1PM
ON ZOOM

STENNÁTS TUESDAY

SENĆOTEN CLASS
3:30PM - 5PM
CFS BUILDING
ELDER'S ROOM (IN
PERSON AND VIRTUAL
ON ZOOM)

SNOSS THURSDAY

SENĆOTEN CLASS
4:30PM - 6PM
CFS BUILDING IN
ELDER'S ROOM (IN
PERSON AND VIRTUAL
ON ZOOM)

CONTACT:
KENDRA PAGE
KPAGE@STAUTW.CA

PLEASE CONTACT
KENDRA TO SIGN UP
FOR VIRTUAL CLASS
ZOOM LINK OR PUT
YOUR NAME ON THE
LIST FOR ANY UPDATES
THROUGH EMAIL

EMPLOYMENT OPPORTUNITIES

CURRENT EMPLOYMENT OPPORTUNITIES

Please select an employment opportunity from the list below to view the job description, qualifications and details on how to apply.



Community Building Cleaner(s) / Janitorial Worker(s)
October 26th, 2026



Community Asset Manager
October 26th, 2026



Head Start Early Childhood Educator
October 14th, 2026



Taxation & Finance Clerk
October 13th, 2026

Join the STÁUTW team! We have several exciting job openings available.

Click or scan the QR code or click below to explore our current opportunities.



Garbage, Compost & Recycling - November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	 					
8	9	10	11	12	13	14
	 					
15	16	17	18	19	20	21
	 					
22	23	24	25	26	27	28
	 					
29	30					
	 					

Garbage Pickup: Garbage and compost is managed by CCR and picked up every Monday

Recycling (Bi-weekly): If your recycling is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 AM the next day and they'll most likely be able to do a pick-up. If later, it would have to wait until the next pick-up date.

Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland Landfill.